

What is a walking school bus or a bike train? It's as easy as 1-2-3!



A walking school bus is a group of children walking to school with one or more adults. A variation on the walking school bus is the bicycle train, in which adults supervise children riding their bikes to school. The flexibility of the walking school bus makes it appealing to communities of all sizes with varying needs.



Starting Simple

When beginning a walking school bus, remember that the program can always grow. It often makes sense to start with a small bus and see how it works. Pick a single neighborhood that has a group of parents and children who are interested. It's like a carpool - without the car - with the added benefits of exercise and visits with friends and neighbors.

- 1** Invite families who live nearby to walk.
- 2** Pick a route and take a test walk.
- 3** Decide how often the group will walk together.



Have Fun!

A walking school bus has many benefits:

- It increases supervision, safety, and fun for students who already walk.
- It permits additional students to walk, introducing them to an important and easy habit.
- It reduces auto traffic, particularly near schools during drop-off and pick-up times.
- It creates a sense of community by getting neighbors to take turns as bus drivers.