

10 Tips to Lower Electric and Water Bills

1 Set the thermostat in your house to be 5 degrees warmer in summer or 5 degrees cooler in winter.

2 Find air leaks (such as around windows and doors). Fix them.

3 Replace old light bulbs with compact fluorescent lights (CFL). Look up **free CFLs Oregon** on the Internet to find bargains.

4 Turn off the lights when you're not using them.

5 Air dry your clothes on a hanger or outdoors on a clothesline.

6 Do less ironing. When you shop for clothes, crumple the fabric in your fist. If it wrinkles, don't buy it.

7 If you own your home, contact your electric company to ask for a free home energy review. You may be able to get a free low-flow shower head and energy saving light bulbs with the review!

8 Get a low-flow shower head. Ask your local water district for one—it should be free.

9 Wash your clothes less often. Most of our clothes don't need to be washed each time we wear them. You can air them on a hanger to freshen them. When it's time to wash clothes, do full loads.

10 Here's how to cool your house in the summer. If you wake up early, open the windows and let in the cool air. Before the day warms up, close the windows tight to keep the cool air in.



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