

**Tigard- Tualatin School/Community Food Pantry Schedules** Updated 04-24-2020  
**Horario de Despensa de Alimentos en las Escuelas y la Comunidad** Actualizaciones hechas el 24 de abril 2020

Name/Nombre	Days/Días	Hours/Horas	Location/ Ubicación	Phone # Teléfono	Notes/ Más información
Bethlehem House of Bread	Thurs & Sun/ <i>jueves y domingos</i>	1pm-3pm	9055 SW Locust Street Tigard, OR 97223	503-639-3181	Up to one visit per week. <i>Se permite hasta una visita por semana.</i>
	Tuesdays/ <i>Los martes</i>	5pm-7pm			
	3rd Friday/ <i>el tercer viernes</i>	1:30-2:30pm			
King's Kindness Food Pantry	Thursdays <i>Los jueves</i>	12pm-3pm	14460 SW 114th Avenue Tigard, OR 97224	503-684-8225	
NW Christian Church	Various <i>Variados</i>	Various <i>Variadas</i>	13405 SW Hall Blvd., Tigard, Oregon 97223	503-639-5713	Tigard, Tualatin & surrounding areas, <i>y áreas alrededores</i>
Sherwood Helping Hands	Third Saturday <i>El tercer sábado</i>	9:30am-10:30am	22280 SW Washington St Sherwood, Or 97140	503-625-7975	
St. Francis Food Pantry	Wednesdays <i>Los miércoles</i>	9am-11am & 5pm-7pm	15659 SW Oregon Street Sherwood, Oregon 97140	503-625-7067	
	Thursdays <i>Los jueves</i>	9am-11am			
St. Vincent de Paul	Mon, Tues, Thurs, Fri <i>lunes, martes, jueves, viernes</i>	12pm-2:30pm	St. Anthony Catholic Church 9905 SW McKenzie Street Tigard, OR 97223	503-684-8280	Proof of residence in zip codes 97223 or 97224. Two visits per month. <i>Prueba de vivir en códigos postales 97223 o 97224. Dos visitas al mes permitidas.</i>
	Wednesday/ <i>Los miércoles</i>	1pm-3pm			
	Saturday / <i>Los sábados</i>	10am-12pm	Sundays: hot meals to go Los domingos: comidas calientes para llevar		
	Sundays / <i>Los domingos</i>	5:30-6:30pm			
Tigard Community Friends Church	Third Saturday <i>El tercer sábado</i>	11am-1pm	15800 SW Hall Blvd Tigard, OR 97224	503-620-7836	
Tigard Covenant Church Ministry	Tuesdays/ <i>martes</i>	12pm-2pm 6pm-7pm	11321 SW Naeve Street Tigard, OR 97224	503-639-3084	Hot meals to go 6pm-7pm <i>Comida caliente para llevar</i>
Trinity Commuity Church	Third Saturday <i>El tercer sábado</i>	12pm-3pm	10900 SW 121st Avenue Tigard, OR 97223	503-686-3363	
Tualatin Schoolhouse Pantry	Mondays/ <i>Los lunes</i>	4pm-7pm	Rolling Hills Church, 3550 SW Borland Rd., Tualatin, OR 97062	503-783-0721	<i>Residentes del/ residents of Tualatin, Durham, Lake Oswego, Wilsonville, &amp; West Linn solamente/ only.</i>
	Wednesdays & Fridays <i>Los miércoles y viernes</i>	10am-1pm			

School-Escuela/ Apartment-Apartamento	Dates-Días	Hours/Horas	More Information	Más detalles
<p>Families and youth can go to any site listed below.  Las familias y los jóvenes pueden ir a cualquiera de los lugares enumerados a continuación.</p>				
Metzger Elementary	Monday-Friday	10:30am-12:30pm	<p>There will be designated areas for meal pick-up at each of the listed complexes. All local-area youth are welcome to participate at these sites and parents can pick-up meals for their children. Social distancing measures will be required and practiced at each location. Meal deliveries will continue through June 11, 2020 or until further notice.</p>	<p>Habrá áreas designadas para recoger alimentos en cada uno de los complejos mencionados. Todos los jóvenes del área local pueden participar en estos sitios y los padres puedan recoger comidas para sus hijos. Se requerirán que practiquen las medidas de distanciamiento social en cada lugar. Las entregas de alimentos continuarán hasta el 11 de junio de 2020 o hasta nuevo aviso.</p>
Tualatin Elementary	lunes-viernes	10:30am-12:30pm		
Rolling Hills Apartments	Monday-Friday	10:15am-10:45am		
Terrace View Apartments	lunes-viernes	11:15am-11:45am		
Tualatin Meadows Apts	Monday-Friday	10:30am-11:00am		
Chelan Apartments	lunes-viernes	11:30am-12:00pm		
Arbor Heights Apartments	Monday-Friday	11:00am-11:30am		
Cypress Crest Apartments	lunes-viernes	Noon-12:30pm		
Oleson Woods Apartments	Monday-Friday	10:30am-11:00am		
Shenandoah Apartments	lunes-viernes	11:30am-noon		
St. James Apartments	Monday-Friday	10:00am-10:30am		
Fir Terrace Apartments	lunes-viernes	11:00am-11:30pm		