

REVISED June 9, 2020

Tigard-Tualatin Food & Community Resources During Covid-19 Crisis

211info: For additional resources not listed here and regularly updated community resource information, call 211, text your zip code to 898211, download the free 211info mobile app or visit the website at www.211info.org.

For a more comprehensive list of resources in the Tigard-Tualatin area, visit: www.ttsdschools.org, click on "Family Resource Center". Scroll down to see links to download a Tigard-Tualatin Community Resource Guide in English and Spanish. For Washington County resources, visit: www.co.washington.or.us/covid-19.

Food Resources

Bethlehem House of Bread: Food boxes available on Sundays and Thursdays 1pm-3pm and Tuesday 5pm-7pm. Maximum of one visit per week. Also, Drive Thru Free Food Market with produce and non-perishable items on the 3rd Friday of the month 1:30pm-2:30pm. 9055 SW Locust St., Tigard, OR 97223 (across from Metzger Elementary School). **503-639-3181**. bethlehemhouseofbread@gmail.com.

Free Food Ministries: Produce and canteen items. For an updated schedule, visit Facebook page at www.facebook.com/freefoodministriesOregon. 11735 SW Gaarde St., Tigard, OR 97224.

Food Benefits for families with children on free or reduced-price lunch. For details, visit: govstatus.egov.com/or-dhs-benefits. For questions or concerns about your benefits, email EBTschoolmeals@dhsola.state.or.us or call **503-945-6481**.

Good Neighbor Family Pantry: Pantry is located on a working farm. Visit the website for a required video before visiting the pantry. Check Facebook page for potential food availability (dependent on donations) www.facebook.com/goodneighborfamilypantry. 21555 SW Hells Canyon Rd., Sherwood, OR 97140 **503-554-0630**. www.goodneighborfamilypantry.org.

King's Kindness Food Pantry (sponsored by Portland Vineyard Church): Food boxes available Thursdays from 12pm-3pm. 14460 SW 114th Ave., Tigard, OR 97224 (on the corner of Highway 99 and Bull Mountain Road in the house in the back parking lot of Christ the King Lutheran Church). **503-684-8225**. www.portlandvineyard.org.

Manna House: USDA food boxes available on June 11th, 18th and 25th from 12pm to 2pm to anyone who needs them. Westside Christian High School, 8200 SW Pfaffle Street, Tigard, OR 97223. **503-255-2224**. <https://mannahouse.church/>

Northwest Christian Church: Food, toiletries, and other necessities. To request assistance, fill out an application online at <https://tigardcc.org/covid-19-response>, email Tigardinfo@mynw.cc or call the church. 13405 SW Hall Blvd., Tigard, OR 97223 (across from the Tigard Library). **503-639-5713**.

Packed with Pride: If you are a Tigard-Tualatin School District family, please contact your school's main office to request food assistance. Staff will be checking phone messages through the summer. To sign up to volunteer or to donate to help those in need of food during the crisis, please visit: <https://packed-with-pride-tigard-tualatin.square.site>.

Resurrection Catholic Parish: Food boxes for all available Tuesdays and Thursdays 9am. 21060 SW Stafford Road, Tualatin, OR 97062 (entrance is on Ek Road).

Food Resources Continued

Sherwood Helping Hands: Food boxes for families available third Saturday of the month 9:30am-10:30am. Call to set up an appointment for emergency food assistance. Sherwood United Methodist Church, 22280 SW Washington St., Sherwood, OR 97140. **503-625-7975.** info@SherwoodUMC.com www.sherwoodumc.com.

St. Francis Food Pantry: Food available Wednesday 9am-11am and 5pm-7pm and Thursday 9am-11am. St. Francis Old Hall, 15659 SW Oregon St., Sherwood, OR 97140 (behind the little white church). **503-625-7067.** www.stfrancissherwood.org/social-action-ministries.

St. Vincent de Paul Food Pantry: Food boxes available Monday, Tuesday, Thursday, and Friday 12pm-2:30pm.; Wednesday 1pm-3pm.; and Saturday 10am-12pm. Hot meals to-go on Sundays 5:30pm-6:30pm. Must show proof of residence in zip codes 97223 or 97224. Hygiene products available too. St. Anthony Catholic Church, 9905 SW McKenzie St., Tigard, OR 97223 (across from the church on the corner of SW McKenzie and SW Grant). 503-684-8280.

- Additionally: pick up of high-quality produce, dairy and meats weekly. No proof of zip coded or of need required to receive a box. Broad participation is invited. Monday-Friday 1pm-4pm. A team of volunteers and church leaders will be on hand with gloves and masks to help deliver boxes directly into cars. Call or email the parish business office for more information. St. Anthony Catholic Church, 9905 SW McKenzie St., Tigard, OR 97223 (across from the church on the corner of SW McKenzie and SW Grant). 503-639-4179, info@satigard.org.

Tigard Community Friends Church: Drive-through pick up of food boxes generally available third Saturday of the month from 11am-1pm. 15800 SW Hall Blvd., Tigard, OR 97224. **503-620-7836.** office@tigardfriends.com www.tigardfriends.com.

Tigard Covenant Church Food Ministry: Food boxes available Tuesdays 12pm-2pm and hot meals to go from 6pm-7pm. Arrive early to receive a number and wait at the back door. Food to last 3-4 days. One visit per month. Spanish-speaking staff available. 11321 SW Naeve St., Tigard, OR 97224. **503-639-3084.**

Tigard Self-Sufficiency, Department of Human Services: If you are only applying for food benefits, you may apply online at <https://apps.state.or.us/onlineApplication>. To print applications in English, Spanish, Russian, Somali or Vietnamese, visit: www.oregon.gov/DHS and click on food assistance. Paper applications may be faxed to 503-670-0240 or mailed to 10777 SW Cascade Ave., Tigard, OR 97223. **503-670-9711.**

Tigard-Tualatin School District: Free summer food program Monday-Thursday from June 15th through August 31st including breakfast and lunch in one grab-and-go container for all children and youth age 1 to 18. Two breakfasts and lunches will be provided on Thursdays. Parents and guardians can pick-up meals for their children. Physical distancing of at least 6 feet will be required and practiced at both locations. Pick up sites: Metzger Elementary School at 10350 Lincoln St, Tigard, OR 97223 and Tualatin Elementary School at 20405 SW 95th Ave, Tualatin, OR 97062.

Trinity Community Church: Food available third Saturday of the month from 12pm-3pm. New number: **503-686-3363.** 10900 SW 121st Avenue, Tigard, OR 97223.

Tualatin Public Library: Grab and go summer lunches Monday through Friday from June 16th through August 28th (closed July 3rd), 11:30am-12:30pm. 18878 SW Martinazzi Avenue, Tualatin, OR 97062. **503-431-4061.**

Food Resources Continued

Tualatin School House Pantry: Visit website for regular updates: www.schoolhousepantry.org. Food boxes available Mondays 4pm-7pm; Wednesdays and Fridays 10am-1pm. Prepackaged food delivery will be via curbside pickup only. There will be marked directions for picking up food. Please remain in your vehicle at all times. Those who arrive by foot will be served in the same pickup area. Limit of one pantry pick up per month. Now also offering a drive-up free food market/harvest share on the 4th Saturday of the month. Please arrive by 9am. Tualatin, Durham, Lake Oswego, Wilsonville, and West Linn residents only. Bring proof of address. Rolling Hills Church, 3550 SW Borland Rd., Tualatin, OR 97062. **503-783-0721**.

Women, Infants and Children (WIC): Monthly supplemental food benefits, health care referrals, nutrition education and breastfeeding support for low to moderate-income pregnant and postpartum women, infants and children up to age five. **503-846-3555**. www.washingtoncountywic.com. Please fill out an online interest form at www.co.washington.or.us/HHS/WIC/wic-web-referral-form.cfm.

Community Resource Updates

Borland Free Clinic: For appointments, leave a message at **503-974-8887** for a return call within 48 hours. Walk-ins welcome. Mondays 3pm-7pm and Thursdays 4pm-6pm 3550 SW Borland Rd, Tualatin, OR 97062. www.borlandclinic.org.

Child Care: Essential Workers in need of emergency child care, contact 211info (see above) to receive a customized referral to emergency child care programs with available openings.

English Classes: Portland Community College is offering beginning, intermediate, and advanced ESL classes online. Summer term begins Monday, June 22nd. They also offer fee waivers for Levels 1-5 for anyone who receives public benefits like food stamps or for those who lost their job due to COVID-19. For more information visit www.pcc.edu/esol or call or text Kristin Broshears at 971-267-2686.

Family Promise of Tualatin Valley: Provides short term shelter and housing assistance for families experiencing homelessness in Tigard, Tualatin, Sherwood, Lake Oswego and West Linn. **503-427-2768**. www.familypromiseoftv.org

Oregon Health Authority Facebook Page in Spanish: To better meet the needs of Spanish speaking Oregonians, OHA has launched a new Facebook page exclusively in Spanish: www.facebook.com/ohaespanol.

Portland Area COVID-19 Mutual Aid Network: Food and other supplies delivered to you. Service area includes Tigard. "We are prioritizing folks who are sick, unhoused, disabled, quarantined without pay, elderly, undocumented, queer, refugees and immigrants, Black, Indigenous, People of Color, trans, and queer, including those displaced from Portland to the nearby areas. Thank you for your patience and grace." www.facebook.com/pdxcovid19mutualaid (link to request support on page).

Safe Families for Children: connects families experiencing crisis with fully trained and approved volunteer Host Homes. These families offer a safe, temporary place for children to stay, while a team of other volunteers come alongside parents to help address the crisis they are going through. Their goal is to offer support in a time of need and reunite children with their families in a stronger home environment. Participation with Safe Families is voluntary and parents retain all of their legal rights. To refer yourself or someone you know or to get more information, call 503-906-1027 or visit <https://safefamiliespdx.org/refer>.

Community Resource Updates Continued

School Based Health Centers (SBHC): on the campuses of Tigard and Tualatin High Schools will be closed this summer however current patients of the Tigard SBHC may be seen at the Beaverton SBHC: 503-356-3985 or any Virginia Garcia Clinic. Neighborhood Health Center locations are open to students as well at Tanasbourne: 503-848-5861, Canby: 503-416-4547, Milwaukie: 503-416-1960 and Beaverton: 503-213-3800.

Trimet: online application option now available for the Low-Income Fare program. Discounted fare for individuals that qualify with limited income. Individuals interested in applying may provide their information and upload pictures or copies of their verification documents using a secure, encrypted web form. They may upload a “selfie” photo so their card can be mailed if they are not able to travel to the ticket office. <http://trimet.org/lowincome> (webpage currently only available in English).

Internet

Charter Communications: Free Spectrum broadband and Wi-Fi access for 60 days to households with a student of qualifying age (kindergarten through high school and college) at your service address with remote education needs and have not subscribed to Charter Communications internet service within the past 30 days. To enroll, call 1-844-488-8395. <https://corporate.charter.com>.

Comcast Internet Essentials: \$9.95 per month plus tax for in-home WiFi with no contract, no credit check, no installation fee, 25 Mbps. You may qualify if you are eligible for public assistance programs such as free or reduced price school lunch, housing assistance, Medicaid, SNAP, SSI and others. Call **1-855-846-8376** or for Spanish 1-855-765-6995 to request an application. Apply online at www.internetessentials.com.

Rent & Utility

A moratorium on evictions, suspension of mortgage payments and foreclosures, and no-shut off for utilities (local utilities have suspended disconnections during the emergency) for anyone who is financially impacted by COVID-19. For information on how the program works including providing proof of financial hardship due to Covid 19, please visit: oregonlawhelp.org/search?q=Tenant+Rights+Covid+19.

Community Action is currently providing rental assistance for income qualified households who are behind on their rent even if they do not have an eviction notice. While assistance is normally available one time each year, you may request assistance during the crisis even if you have already been helped. **503-615-0770**. Energy Assistance applications take at least 15 business days to process. Please remember that all utility companies in Washington County have stopped disconnections until further notice. Email: energy@caowash.org. Phone: 503-615-0771.

St. Vincent de Paul (St. Anthony Catholic Church): partial rent and utility assistance available for residents in zip codes 97223 and 97224. By email: svdp.rent@gmail.com, svdp.utilities@gmail.com. Message phone: 503-684-8280.

Prepared by the Tigard-Tualatin Family Resource Center: 503-603-1585. The center is closed during the school closure but please leave a message for call back or email cwest@ttsd.k12.or.us.

Food Resources by Day of the Week

Monday

NW Christian Church- various hours
St. Vincent de Paul Food Pantry 12pm-2:30pm
Plus St. Vincent de Paul new program 1pm-4pm
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary
Tualatin School House Food Pantry 4pm-7pm

Tuesday

Bethlehem House of Bread 5pm-7pm
NW Christian Church- various hours
Resurrection Catholic Parish 9am
St. Vincent de Paul Food Pantry 12pm-2:30pm
Plus St. Vincent de Paul new program 1pm-4pm
Tigard Covenant Church Food Ministry 12pm-2pm (and hot meals to go 6pm-7pm)
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary

Wednesday

NW Christian Church- various hours
St. Francis Food Pantry 9am-11am & 5pm-7pm
St. Vincent de Paul Food Pantry 1pm-3pm
Plus St. Vincent de Paul new program 1pm-4pm
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary
Tualatin School House Food Pantry 10am-1pm

Thursday

Bethlehem House of Bread 1pm-3pm
King's Kindness Food Pantry 12pm-3pm
NW Christian Church- various hours
Resurrection Catholic Parish 9am
St. Francis Food Pantry 9am-11am
St. Vincent de Paul Food Pantry 12pm-2:30pm
Plus St. Vincent de Paul new program 1pm-4pm
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary

Friday

Bethlehem House of Bread 3rd Friday of the month 1:30pm-2:30pm
NW Christian Church- various hours
St. Vincent de Paul Food Pantry 12pm-2:30pm
Plus St. Vincent de Paul new program 1pm-4pm
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary
Tualatin School House Food Pantry 10am-1pm

Saturday

Good Neighbor Family Pantry (check Facebook)
NW Christian Church- various hours
Sherwood Helping Hands Third Saturday 9:30am-10:30am
St. Vincent de Paul Food Pantry 10am-12pm
Tigard Community Friends Church Third Saturday of each month 11am-1pm
Trinity Community Church 3rd Saturday of the month 12pm-3pm
Tualatin School House Pantry 4th Saturday of the month 9am free food market/ harvest share

Sunday

Bethlehem House of Bread 1pm-3pm
NW Christian Church- various hours
St. Vincent de Paul Food Pantry, hot meals to-go 5:30pm-6:30pm