

Tigard-Tualatin Food & Community Resources During Covid-19 Crisis (updated on 04-20-2020)

211info: For additional resources not listed here and regularly updated community resource information, call 211, text your zip code to 898211, download the free 211info mobile app or visit the website at www.211info.org.

For a more comprehensive list of resources in the Tigard-Tualatin area, visit: www.ttsdschools.org/TTSD, and click on "Family Resource Center". Scroll down to see links to download a Tigard-Tualatin Community Resource Guide in English and Spanish. For Washington County resources: www.co.washington.or.us/HHS/CommunicableDiseases/COVID-19/index.cfm.

Food Resources

Announcement: Pandemic EBT cards (similar to a debit card) will be available soon for all K-12 students that qualify for free and reduced lunches. Eligible families will be enrolled automatically and funds will be added to SNAP cards. This benefit is available regardless of immigration status and will not count against public charge rules. To sign up for the free and reduced price meal program online, visit: www.ode.state.or.us/apps/frlapp or to print an application: www.ttsdschools.org/domain/34.

Bethlehem House of Bread: Food boxes available on Sundays and Thursdays 1pm-3pm and Tuesday 5pm-7pm. One visit per month. **New: Drive Thru Free Food Market** with produce and non-perishable items on the 3rd Friday of the month (including this Friday, April 17th). This takes the place of the monthly Tigard DHS Market. 9055 SW Locust St., Tigard, OR 97223 (across from Metzger Elementary School). **(503) 639-3181**. bethlehemhouseofbread@gmail.com.

Free Food Ministries: Produce and canteen items. For an updated schedule, visit Facebook page at www.facebook.com/freefoodministriesOregon. 11735 SW Gaarde St., Tigard, OR 97224.

Good Neighbor Family Pantry: Pantry is located on a working farm. Visit the website for a required video before visiting the pantry. Check Facebook page for potential food availability (dependent on donations) www.facebook.com/goodneighborfamilypantry. Currently no scheduled events. 21555 SW Hells Canyon Rd., Sherwood, OR 97140 **(503) 554-0630**. www.goodneighborfamilypantry.org.

King's Kindness Food Pantry (sponsored by Portland Vineyard Church): Food boxes available Thursdays from 12pm-3pm. 14460 SW 114th Ave., Tigard, OR 97224 (on the corner of Highway 99 and Bull Mountain Road in the house in back parking lot of Christ the King Lutheran Church). **(503) 684-8225**. www.portlandvineyard.org.

Northwest Christian Church: Food, toiletries, diapers and other necessities available for pickup or delivery. For help, email Tigardinfo@mynw.cc or call the church. 13405 SW Hall Blvd., Tigard, Oregon 97223 (across from the Tigard Library). **(503) 639-5713**.

Sherwood Helping Hands: Food boxes for families available third Saturday of the month 9:30am-10:30am. Call to set up an appointment for emergency food assistance. Sherwood United Methodist Church, 22280 SW Washington St., Sherwood, OR 97140. **(503) 625-7975**. info@SherwoodUMC.com www.sherwoodumc.com.

St. Francis Food Pantry: Food available Wednesday 9am-11am and 5pm-7pm and Thursday 9am-11am. St. Francis Old Hall, 15659 SW Oregon St., Sherwood, Oregon 97140 (behind the little white church). **(503) 625-7067**. www.stfrancissherwood.org/social-action-ministries.

St. Vincent de Paul Food Pantry: Monday, Tuesday, Thursday, and Friday 12pm-2:30pm.; Wednesday 1pm-3pm.; and Saturday 10am-12pm. Must show proof of residence in zip codes 97223 or 97224. One food box per month. St. Anthony Catholic Church, 9905 SW McKenzie St., Tigard, OR 97223 (across from the church on the corner of SW McKenzie and SW Grant). **(503) 684-8280**.

Tigard Community Friends Church: Drive-through pick up of food boxes generally available third Saturday of the month from 11am-1pm. 15800 SW Hall Blvd., Tigard, OR 97224. (503) 620-7836. office@tigardfriends.com www.tigardfriends.com.

Tigard Covenant Church Food Ministry: Food boxes available Tuesdays 12pm-2pm and hot meals to go from 6pm-7pm. Arrive early to receive a number and wait at the back door. Food to last 3-4 days. One visit per month. Spanish-speaking staff available. 11321 SW Naeve St., Tigard, OR 97224. (503) 639-3084.

Tigard Self-Sufficiency, Department of Human Services: Emergency SNAP benefits will be issued for April and May. If your monthly SNAP benefit is less than the maximum benefit for your household size, you will get a supplemental benefit up to the maximum amount allowed for your household size. If you already receive the maximum SNAP amount, you will not receive extra SNAP. If you are only applying for food benefits, you may apply online at <https://apps.state.or.us/onlineApplication/>. To print applications in English, Spanish, Russian, Somali or Vietnamese, visit: www.oregon.gov/DHS and click on food assistance. Paper applications may be faxed to 503-670-0240 or mailed to 10777 SW Cascade Ave., Tigard, OR 97223. (503) 670-9711.

Tigard-Tualatin School District: For district students Pre-K through 12th grade, there are grab-and-go sites for pick up of prepackaged breakfast and lunch from 10:30am-12:30pm, Monday-Friday. Pick up sites are at Metzger Elementary School at 10350 Lincoln St, Tigard, OR 97223 and at Tualatin Elementary School at 20405 SW 95th Ave, Tualatin, OR 97062.

Trinity Community Church: Food available 3rd Saturday of the month from 12pm-3pm. New number: 503-686-3363. 10900 SW 121st Avenue, Tigard, OR 97223.

Tualatin School House Pantry: Visit website for regular updates: www.schoolhousepantry.org. Food boxes available Mondays 4pm-7pm; Wednesdays and Fridays 10am-1pm. Prepackaged food delivery will be via curbside pickup only. There will be marked directions for picking up food. Please remain in your vehicle at all times. Those who arrive by foot will be served in the same pickup area. Limit of one pantry pick up per month. Tualatin, Durham, Lake Oswego, Wilsonville, and West Linn residents only. Bring proof of address. Rolling Hills Church, 3550 SW Borland Rd., Tualatin, OR 97062. (503) 783-0721.

Women, Infants and Children (WIC): Monthly supplemental food benefits, health care referrals, nutrition education and breastfeeding support for low to moderate-income pregnant and postpartum women, infants and children up to age five. 503-846-3555. www.washingtoncountywic.com. Please fill out an online interest form at www.co.washington.or.us/HHS/WIC/wic-web-referral-form.cfm.

Community Resources Updates

Borland Free Clinic: Currently only open Mondays from 3pm-7pm for urgent medical visits only. Telemedicine visits available. For help, please leave a message at 503-974-8887. 3550 SW Borland Rd, Tualatin, OR 97062. www.borlandclinic.org.

Child Care: Essential Workers in need of emergency child care, contact 211info (see above) to receive a customized referral to emergency child care programs with available openings.

Internet

- **Charter Communications:** Free Spectrum broadband and Wi-Fi access for 60 days to households with a student of qualifying age (kindergarten through high school and college) at your service address with remote education needs and have not subscribed to Charter Communications internet service within the past 30 days. To enroll, call 1-844-488-8395. <https://corporate.charter.com>.
- **Comcast Internet Essentials:** Currently offering 60 days free internet when applying by May 13, 2020. After the free period, internet service is \$9.95/month. To qualify, a family must have at least one child receiving free or reduced lunch and must not have been a Comcast Internet subscriber in the past 90 days. Call 1-855-846-8376 or for Spanish 1-855-765-6995 to request an application. Apply online at www.internetessentials.com.

Rent & Utility: A moratorium on evictions, suspension of mortgage payments and foreclosures, and no-shut off for utilities (local utilities have suspended disconnections during the emergency) for anyone who is financially impacted by COVID-19. **For information on how to qualify including providing proof of financial hardship due to Covid 19, please visit: www.co.washington.or.us/CAO/washington-county-working-to-ensure-housing-security.cfm.** Community Action is currently providing rental assistance for income qualified households who are behind on their rent even if they do not have an eviction notice. While assistance is normally available one time each year, you may request assistance during the crisis even if you have already been helped. **503-615-0770.** Energy Assistance applications take at least 15 business days to process. Please remember that all utility companies in Washington County have stopped disconnections until further notice. Email: energy@caowash.org. Phone: **503-615-0771.**

Food Resources by Day of the Week

Monday

NW Christian Church- various hours
St. Vincent de Paul Food Pantry 12-2:30pm
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary
Tualatin School House Food Pantry 4pm-7pm

Tuesday

Bethlehem House of Bread 5pm-7pm
NW Christian Church- various hours
St. Vincent de Paul Food Pantry 12-2:30pm
Tigard Covenant Church Food Ministry 12pm-2pm (and hot meals to go 6pm-7pm)
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary

Wednesday

NW Christian Church- various hours
St. Francis Food Pantry 9am-11am & 5pm-7pm
St. Vincent de Paul Food Pantry 1-3pm
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary
Tualatin School House Food Pantry 10am-1pm

Thursday

Bethlehem House of Bread 1pm-3pm
King's Kindness Food Pantry 12pm-3pm
NW Christian Church- various hours
St. Francis Food Pantry 9am-11am
St. Vincent de Paul Food Pantry 12-2:30pm
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary

Friday

NW Christian Church- various hours
St. Vincent de Paul Food Pantry 12pm-2:30pm
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary
Tualatin School House Food Pantry 10am-1pm

Saturday

Good Neighbor Family Pantry (check Facebook)
NW Christian Church- various hours
Sherwood Helping Hands Third Saturday 9:30-10:30am
St. Vincent de Paul Food Pantry 10am-12pm
Tigard Community Friends Church Third Saturday of each month 11am-1pm
Trinity Community Church 3rd Saturday of the month 12pm-3pm

Sunday

Bethlehem House of Bread 1pm-3pm
NW Christian Church- various hours

Prepared by the Tigard-Tualatin Family Resource Center: 503-603-1585. The center is closed during the school closure but please leave a message for call back or email cwest@ttsd.k12.or.us.