



Empowered  
Parenting



**Tualatin Together**

A caring community working together for Tualatin youth.

# Strong Voices Smart Choices



Parents who talk with their kids about **Mental Wellness** and **Substance Use** contribute significantly to a child making healthy decisions.

Kim DeMarchi, M.Ed., Certified Parent Educator,  
Certified Family Coach & Speaker

**April 24, 2019 6:15PM**

Byrom Elementary School, Library

Starting the conversation can be difficult.  
Learn **tips** on how to **talk** with **your child**  
and where to find support.

Hosted by Empowered Parenting in partnership with Tualatin Together.  
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