



## Indoor/Outdoor Full Contact Sports Opt-In Form

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor/outdoor full contact sports for the 2020-21 school year in accordance with the Oregon Health Authority’s Sector Guidance – Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

*In Lower Risk and Moderate Risk counties, practices and games for indoor/outdoor contact sports can resume following health and safety guidance to be issued by the Oregon Health Authority.*

*In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming indoor/outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.*

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Tigard High School, Tigard-Tualatin SD
Key Contact Person for this Plan	Brian Bailey                      Alan Boschma
Phone Number of this Person	503-431-5408                      503-431-5462
Email Address of this person	<a href="mailto:bbailey@ttsd.k12.or.us">bbailey@ttsd.k12.or.us</a> <a href="mailto:aboschma@ttsd.k12.or.us">aboschma@ttsd.k12.or.us</a>
Specify Indoor/Outdoor Full Contact Sports Included in this Plan	Football, Basketball, Wrestling, Volleyball, Water Polo, Lacrosse, Swimming
Intended Starting Date for this Plan Update	4/26/2021

## School Instructional Model

### OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

### Plan Details for School Instructional Model

Please enter the details of your plan that correspond to the requirements listed above:

- Beginning April 19, 2021, Tigard High School offers both Comprehensive Distance Learning and Hybrid Learning instructional models for students.

## On-Site Testing for Symptomatic Individuals and Close Contacts

### OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

### Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Please enter the details of your plan that correspond to the requirements listed above:

- Our Athletic Trainer, Athletic Director, Principal, all Associate Principals, and several head coaches completed the Abbott COVID testing training modules and have received in-person training from our district nurse in order to administer the rapid tests from Abbott BinaxNOW. We have designated an unused office space in our athletics wing for after hour onsite testing to support athletics and supplement our partnership with our School-Based Health Center and their testing program.

## Contact Information for Contact Tracing

### OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each indoor/outdoor contact sports practice and contest.
- Detail your school's specific plans to meet this requirement.
- Sample contact tracing forms:
  - [COVID Monitoring Form: Excel](#)
  - [COVID Monitoring Form: PDF](#)

## Plan Details for Contact Information for Contact Tracing

Please enter the details of your plan that correspond to the requirements listed above:

- Since the summer of 2020, all student athletes have been registered and using Healthy Rosters for pre-screening and contact tracing of positive and presumed positive cases of COVID-19. All coaches and volunteers must sign in on a daily log when entering/leaving our facility to be kept on file in the Main Office. Furthermore, we use Synergy Contact Tracing tools in our school information system to trace potential contacts in school and on the bus and all appropriate steps are taken in accordance with our Operational Blueprint on file with ODE and on our website.

## Student-Athlete Waiver

### OHA Requirements

- The school must have a waiver completed for each student-athlete prior to indoor/outdoor fullcontact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

### Plan Details for Student-Athlete Waiver

Please enter the details of your plan that correspond to the requirements listed above:

- All student athletes and their parent or guardian are required to sign the Student-Athlete Waiver form as a part of their registration process.