

Dear Parent or Guardian,

Tigard-Tualatin School District

Your child is being sent home today due to having one or more of the following symptoms, which may be consistent with the COVID-19 illness. Out of an abundance of caution and within Oregon Health Authority guidelines, we ask that you please follow the directions below. Thank you for working with us to keep your child and our school community healthy and safe.

Primary Symptoms:	Non-Primary Symptoms:	
<ul style="list-style-type: none">• Fever greater than 100.4• Chills• Cough• Shortness of breath, difficulty breathing• New loss of taste or smell	<ul style="list-style-type: none">• Headache• Nausea or vomiting• Diarrhea	<ul style="list-style-type: none">• Fatigue (tiredness)• Sore throat• Muscle aches• Congestion or runny nose

If your child is COVID-19 positive, all of the following must apply before returning to school:

- Your child must remain home for at least 10 days after the onset of symptoms or positive test result, AND
- Be fever free for 24 hours without the use of fever-reducing medications, such as Tylenol or ibuprofen;
- Symptoms must be improving.

If your child has any of the above primary symptoms, the Tigard-Tualatin School District requires your child to stay home for 10 days after the onset of symptoms unless:

- Proof of a negative COVID-19 test result **OR** A doctor's note indicating a different diagnosis and that COVID-19 is not suspected; AND
- Be fever free for 24 hours without use of fever-reducing medications, such as Tylenol or ibuprofen;
- Symptoms must be improving.

If your child has any of the above non-primary symptoms, which may indicate a COVID infection, you may want to consult your healthcare provider; otherwise, please consult the district's communicable disease guidelines for returning to school:
WHEN CAN MY CHILD RETURN TO SCHOOL? 21-22

HEADACHE	MAY RETURN AFTER symptom-free OR with orders from doctor
DIARRHEA	MAY RETURN AFTER 48 hours symptom-free
VOMITING	MAY RETURN AFTER 48 hours symptom-free

Washington County Testing Sites:

- <https://www.co.washington.or.us/HHS/CommunicableDiseases/COVID-19/testing-sites.cfm>
- Tualatin School-based health center is doing testing for symptomatic children ages 2 and over. (address below)

School-based Health Centers:

Located on the Tualatin HS Campus
22300 SW Boones Ferry
Tualatin, OR 97062
503-941-3180

Located on the Tigard HS Campus
9000 SW Durham Rd.
Tigard, OR 97224
503-431-5975

If you have any further questions, please contact your district nurse or school:

- Nancy Haning, RN: TuHS + preschool, Deer Creek, Byrom, Cordero 503-431-5633
- Trey Parker, RN: Fowler Middle School, CFT, Mary Woodward, Metzger + preschool 503-431-4195
- Danielle Thompson, RN: THS + preschool, Durham, Creekside HS, WISE 503-431-5419
- Sharon Mitchell, RN: Bridgeport, Hazelbrook, Tualatin Elem.+ preschool, Mitch 503-431-4207
- Elizabeth Crawford, RN: Templeton, Twality, Alberta Rider, Kalapuya Early Learning Center 503-431-3694