

# TTSD March Lunch Menu

# 2023

All lunches include fresh and local fruit, vegetables, fat free and 1% milk. We offer a vegetarian option daily that is not menu-ed because of supply chain constraints. Our kitchen heroes are creative and come up with vegetarian options that include hummus plate, fruit parfaits, crudité bites, garden salads, and other fun options. Our meals are made with love and infused with joy. We are delighted to have your students dine with us and thank you for giving us the opportunity to serve your most precious gift.

Reminder – school meals are no longer free unless you apply and qualify for free meals! Please apply for free meals through [family.titank12.com](https://family.titank12.com)

If your student dines with us, their account will be charged, please set up an account with Titan to add school meal funds through [family.titank12.com](https://family.titank12.com)

| Prices  | Monday  | Tuesday   | Wednesday                               | Thursday  | Friday   | <b>Vegetarian Options:</b><br><br>Monday: Sunbutter Sandwich WG<br><br>Tuesday: Cheese Sandwich WG<br><br>Wednesday: 8oz yogurt and 2oz WG granola<br><br>Thursday: Sunbutter Sandwich WG<br><br>Friday: WG Bagel & cream cheese, 4 oz yogurt & egg<br><br>Our middle and high schools offer at least 4-6 options daily including made to order sandwiches, build your own nachos, and other fun foods. |
|---|---|---|---|---|--|---|
| <b>Elementary Lunch: \$3.75</b>   | 27<br>Chicken Nuggets WG  | 28<br>Chicken Chow Mein Noodles WG                      | Mar 1<br>No School                      | Mar 2<br>Kids Mac and Cheese WG                               | Mar 3<br>Chicken & Waffle!<br>(Crispy drumstick with whole grain waffle) |   |
| <b>Secondary Lunch: \$4.00</b>  | 6<br>Classic Chicken Corndog WG   | 7<br>Grilled Cheese Sandwich WG w/ Tomato Dipping Sauce | 8<br>BBQ Teriyaki Chicken on Brown Rice | 9<br>Classic Hamburger WG                                     | 10<br>Favorite Cheese Pizza WG   |   |
| <b>Adult Lunch: \$5.00</b>  | 13<br>Cheesy Breadsticks WG with Marinara Sauce   | 14<br>Orange Chicken on Brown Rice                      | 15<br>BBQ Pulled Pork Sandwich WG       | 16<br>Breakfast for Lunch (French toast, yogurt, hash browns) | 17<br>Hand Rolled Chicken & Cheese Burrito                               |   |
| <b>Milk a la carte \$0.75</b>   | 20<br>Local Hazelnut Butter & Oregon Grown Jam Sandwich   | 21<br>Carnitas Street Tacos with Cilantro and Onion     | 22<br>Chicken Chow Mein Noodles WG      | 23<br>Crispy Chicken Burger WG                                | 24<br>Chef's Choice!   |   |
| <b>Fat free chocolate milk on Fridays only.</b>   | 27<br>Spring Break!   | 28<br>Spring Break!                                     | 29<br>Spring Break!                     | 30<br>Spring Break!   | 31<br>Spring Break!  |   |
| <b>Add funds or apply for free meals: <a href="https://family.titank12.com">family.titank12.com</a></b> | <b>WE ARE HIRING!!! THIS IS THE PERFECT JOB WHERE YOU CAN SPEND TIME WITH YOUR KIDS!!! WE HAVE SEVERAL 3.5 HOUR PART TIME POSITIONS OPEN! WE NEED HELP IN OUR KITCHENS!</b> |   |   |   |  |   |
| <b>WE ARE HIRING!</b>   |   |   |   |   |  |   |
| <b>WE NEED HELP IN THE KITCHENS.</b>  |   |   |   |   |  |   |

Due to the current COVID-related supply chain challenges including staffing shortages and delivery cancellations, **menu is subject to change** based on what we are able to obtain from our vendors. We suggest sending your student a packed meal just in case they decide they do not want to eat the meal that day. You can always save your packed lunch for the following day if your student decides to dine with us! We are so sorry for the inconvenience and thank you for understanding. We are in this together. This Institution is an Equal Opportunity Provider