



Tualatin High School Community,

We hope you and your family are healthy and doing well. Thank you for your patience during this unprecedented and challenging time that we are currently going through.

As we begin to prepare for Phase 1 of opening our facilities for summer workouts, we want to share with you the social distancing guidelines that will be implemented at Tualatin High School. Our coaches and staff will have systems in place to help monitor our students' health and safety while they are on campus. The district is monitoring the current state and local guidelines on a regular basis and we will be prepared to begin modified voluntary summer workouts for athletes starting July 6th.

We look forward to seeing our students/athletes return to campus.

Sincerely,

Ted Rose
Athletic Director
Tualatin High School

Social Distancing Information for Tualatin High School

All personnel entering this building must check in with the Site Social Distancing Coordinator (SSDC). Additionally, all personnel will answer the following questions.

Daily Self-check

1. Have you had close contact with, or do you live with anyone currently ill and diagnosed with
2. COVID-19?
3. Are you currently sick?
4. Do you have a fever?

If "yes" to any of the above questions, please return home.

If you have answered "no" to these questions, please sign in and proceed into the building.

Self-check if returning to practice or work after being ill.

1. Are you well enough to practice or work?
2. Are you free of all symptoms and have been so for 72 hours?
3. Have you gone 72 hours without fever reducing medications?
4. Has it been 7-10 days since symptoms first appeared?

If "no" to any of these questions, please return home.

If "yes" to all these questions above, please continue and do the following.

1. Log in and out upon entering and exiting the site
2. Go directly to the designated location and limit exposure to approved location
3. Do not go into other rooms or areas without approval
4. Clean contact areas such as desks, chairs, doorknob, equipment, or other areas visited
5. before leaving the room
6. Be sure to practice all social distancing guidelines
7. Remain 6 feet apart
8. Practice good hygiene
9. Cover cough
10. Wash hands
11. Wear gloves
12. Staff are encouraged to wear face masks/coverings