

Tigard-Tualatin Food & Community Resources During Covid-19 Crisis (updated on 05-19-2020)

211info: For additional resources not listed here and regularly updated community resource information, call 211, text your zip code to 898211, download the free 211info mobile app or visit the website at www.211info.org.

For a more comprehensive list of resources in the Tigard-Tualatin area, please visit: www.ttsdschools.org/TTSD, and click on "Family Resource Center". Scroll down to see links to download a Tigard-Tualatin Community Resource Guide in English and Spanish. For Washington County resources: www.co.washington.or.us/HHS/CommunicableDiseases/COVID-19/index.cfm.

Food Resources

Bethlehem House of Bread: Food boxes available on Sundays and Thursdays 1pm-3pm and Tuesday 5pm-7pm. Maximum of one visit per week. Also, Drive Thru Free Food Market with produce and non-perishable items on the 3rd Friday of the month 1:30pm-2:30pm. This takes the place of the monthly Tigard DHS Market. 9055 SW Locust St., Tigard, OR 97223 (across from Metzger Elementary School). **(503) 639-3181.** bethlehemhouseofbread@gmail.com.

Free Food Ministries: Produce and canteen items. For an updated schedule, visit Facebook page at www.facebook.com/freefoodministriesOregon. 11735 SW Gaarde St., Tigard, OR 97224.

Food Benefits: \$69 in March, \$126 in April, \$120 in May and \$69 in June per child. For families with children on free or reduced-price lunch. Benefits goes on an Oregon Trail card. You must already be enrolled in free or reduced lunch OR be **newly eligible** and apply at www.ode.state.or.us/apps/frlapp. Benefits will be retroactive to March 16, 2020 for students who received free and reduced-price meals when school closed. For newly eligible households, benefits will start at the beginning of the month they become eligible. If you are a current SNAP participant, benefits will be added to your Oregon Trail Card account in late May. If you don't currently receive SNAP benefits, you will access your benefits through an Oregon Trail Card. The Oregon Trail Card will be mailed to you in June. For more details, visit: <https://govstatus.egov.com/or-dhs-benefits>. SNAP benefits may now be used to purchase eligible food online from Amazon and Walmart. This benefit is available regardless of immigration status and will not count against public charge rules.

Good Neighbor Family Pantry: Pantry is located on a working farm. Visit the website for a required video before visiting the pantry. Check Facebook page for potential food availability (dependent on donations) www.facebook.com/goodneighborfamilypantry. Currently no scheduled events. 21555 SW Hells Canyon Rd., Sherwood, OR 97140 **(503) 554-0630.** www.goodneighborfamilypantry.org.

King's Kindness Food Pantry (sponsored by Portland Vineyard Church): Food boxes available Thursdays from 12pm-3pm. 14460 SW 114th Ave., Tigard, OR 97224 (on the corner of Highway 99 and Bull Mountain Road in the house in back parking lot of Christ the King Lutheran Church). **(503) 684-8225.** www.portlandvineyard.org.

Northwest Christian Church: Food, toiletries, diapers and other necessities available for pickup or delivery. For help, email Tigardinfo@mynw.cc or call the church. 13405 SW Hall Blvd., Tigard, Oregon 97223 (across from the Tigard Library). **(503) 639-5713.**

Resurrection Catholic Parish: Food boxes for all available Tuesdays and Thursdays 9am-12pm. 21060 SW Stafford Road, Tualatin, OR 97062 (entrance is on Ek Street). **(503) 638-1579.**

Sherwood Helping Hands: Food boxes for families available third Saturday of the month 9:30am-10:30am. Call to set up an appointment for emergency food assistance. Sherwood United Methodist Church, 22280 SW Washington St., Sherwood, OR 97140. **(503) 625-7975.** info@SherwoodUMC.com www.sherwoodumc.com.

St. Francis Food Pantry: Food available Wednesday 9am-11am and 5pm-7pm and Thursday 9am-11am. St. Francis Old Hall, 15659 SW Oregon St., Sherwood, Oregon 97140 (behind the little white church). **(503) 625-7067**. www.stfrancissherwood.org/social-action-ministries.

St. Vincent de Paul Food Pantry: Food boxes available Monday, Tuesday, Thursday, and Friday 12pm-2:30pm.; Wednesday 1pm-3pm.; and Saturday 10am-12pm. Hot meals to-go on Sundays 5:30pm-6:30pm. Must show proof of residence in zip codes 97223 or 97224. Hygiene products available too. St. Anthony Catholic Church, 9905 SW McKenzie St., Tigard, OR 97223 (across from the church on the corner of SW McKenzie and SW Grant). (503) 684-8280.

- Plus, **new this week: pick up of high quality produce, dairy and meats weekly.** No proof of zip coded or need required to receive a box. **Broad participation is invited.** Monday-Friday 1pm-4pm (next week changing to 2pm-5pm). A team of volunteers and church leaders will be on hand with gloves and masks to help deliver boxes directly into cars. Call or email the parish business office for more information. St. Anthony Catholic Church, 9905 SW McKenzie St., Tigard, OR 97223 (across from the church on the corner of SW McKenzie and SW Grant). (503) 639-4179, info@satigard.org.

Tigard Community Friends Church: Drive-through pick up of food boxes generally available third Saturday of the month from 11am-1pm. 15800 SW Hall Blvd., Tigard, OR 97224. **(503) 620-7836**. office@tigardfriends.com www.tigardfriends.com.

Tigard Covenant Church Food Ministry: Food boxes available Tuesdays 12pm-2pm and hot meals to go from 6pm-7pm. Arrive early to receive a number and wait at the back door. Food to last 3-4 days. One visit per month. Spanish-speaking staff available. 11321 SW Naeve St., Tigard, OR 97224. **(503) 639-3084**.

Tigard Self-Sufficiency, Department of Human Services: Emergency SNAP benefits issued for April and May. If your monthly SNAP benefit is less than the maximum benefit for your household size, you will get a supplemental benefit up to the maximum amount allowed for your household size. If you already receive the maximum SNAP amount, you will not receive extra SNAP. If you are only applying for food benefits, you may apply online at <https://apps.state.or.us/onlineApplication/>. To print applications in English, Spanish, Russian, Somali or Vietnamese, visit: www.oregon.gov/DHS and click on food assistance. Paper applications may be faxed to 503-670-0240 or mailed to 10777 SW Cascade Ave., Tigard, OR 97223. **(503) 670-9711**.

Tigard-Tualatin School District: For district students Pre-K through 12th grade, there are grab-and-go sites for pick up of prepackaged breakfast and lunch from 10:30am-12:30pm, Monday-Friday. Pick up sites are at Metzger Elementary School at 10350 Lincoln St, Tigard, OR 97223 and at Tualatin Elementary School at 20405 SW 95th Ave, Tualatin, OR 97062. Also delivering food to local apartment complexes. See schedule below for details.

Trinity Community Church: Food available 3rd Saturday of the month from 12pm-3pm. New number: **503-686-3363**. 10900 SW 121st Avenue, Tigard, OR 97223.

Tualatin School House Pantry: Visit website for regular updates: www.schoolhousepantry.org. Food boxes available Mondays 4pm-7pm; Wednesdays and Fridays 10am-1pm. Prepackaged food delivery will be via curbside pickup only. There will be marked directions for picking up food. Please remain in your vehicle at all times. Those who arrive by foot will be served in the same pickup area. Limit of one pantry pick up per month. Now also offering a drive-up free food market/ harvest share on the 4th Saturday of the month. Please arrive by 9am. Tualatin, Durham, Lake Oswego, Wilsonville, and West Linn residents only. Bring proof of address. Rolling Hills Church, 3550 SW Borland Rd., Tualatin, OR 97062. **(503) 783-0721**.

Women, Infants and Children (WIC): Monthly supplemental food benefits, health care referrals, nutrition education and breastfeeding support for low to moderate-income pregnant and postpartum women, infants and children up to age five. **503-846-3555**. www.washingtoncountywic.com. Please fill out an online interest form at www.co.washington.or.us/HHS/WIC/wic-web-referral-form.cfm.

Community Resources Updates:

Borland Free Clinic: Currently only open Mondays from 3pm-7pm for urgent medical visits only. Telemedicine visits available. For help, please leave a message at **503-974-8887**. 3550 SW Borland Rd, Tualatin, OR 97062. www.borlandclinic.org.

Child Care: Essential Workers in need of emergency child care, contact 211info (see above) to receive a customized referral to emergency child care programs with available openings.

English Classes: Portland Community College is offering beginning, intermediate, and advanced ESL classes online. Summer term begins Monday, June 22nd. They also offer fee waivers for Levels 1-5 for anyone who receives public benefits like food stamps or for those who lost their job due to COVID-19. For more information visit www.pcc.edu/esol or call or text Kristin Broshears at 971-267-2686.

Love INC Tigard-Tualatin-Sherwood: providing assistance to those in need with such items as bus tickets, food and essentials (shampoo, conditioner, dish soap, toilet paper, toothpaste, etc.). No delivery available. 503-443-6888.

Oregon Health Authority Facebook Page in Spanish: To better meet the needs of Spanish speaking Oregonians, OHA has launched a new Facebook page exclusively in Spanish: www.facebook.com/ohaespanol.

Portland Area COVID-19 Mutual Aid Network: Food and other supplies delivered to you. Service area includes Tigard. "We are prioritizing folks who are sick, unhoused, disabled, quarantined without pay, elderly, undocumented, queer, refugees and immigrants, Black, Indigenous, People of Color, trans, and queer, including those displaced from Portland to the nearby areas. Thank you for your patience and grace." www.facebook.com/pdxcovid19mutualaid (link to request support on page).

Trimet: online application option now available for the Low Income Fare program. Discounted fare for individuals that qualify with limited income. Individuals interested in applying may provide their information and upload pictures or copies of their verification documents using a secure, encrypted web form. They may upload a "selfie" photo so their card can be mailed if they are not able to travel to the ticket office. <http://trimet.org/lowincome> (webpage currently only available in English).

Internet:

- **Charter Communications:** Free Spectrum broadband and Wi-Fi access for 60 days to households with a student of qualifying age (kindergarten through high school and college) at your service address with remote education needs and have not subscribed to Charter Communications internet service within the past 30 days. To enroll, call 1-844-488-8395. <https://corporate.charter.com>.
- **Comcast Internet Essentials:** \$9.95 per month plus tax for in-home WiFi with no contract, no credit check, no installation fee, 25 Mbps. You may qualify if you are eligible for public assistance programs such as free or reduced price school lunch, housing assistance, Medicaid, SNAP, SSI and others. Call **1-855-846-8376** or for Spanish 1-855-765-6995 to request an application. Apply online at www.internetessentials.com.

Rent & Utility:

A moratorium on evictions, suspension of mortgage payments and foreclosures, and no-shut off for utilities (local utilities have suspended disconnections during the emergency) for anyone who is financially impacted by COVID-19. For information on how the program works including providing proof of financial hardship due to Covid 19, please visit: <https://oregonlawhelp.org/search?q=Tenant+Rights+Covid+19>.

Community Action is currently providing rental assistance for income qualified households who are behind on their rent even if they do not have an eviction notice. While assistance is normally available one time each year, you may request assistance during the crisis even if you have already been helped. **503-615-0770**. Energy Assistance applications take at least 15 business days to process. Please remember that all utility companies in Washington County have stopped disconnections until further notice. Email: energy@caowash.org. Phone: 503-615-0771.

Centro Cultural: Esperanza Fund open to the general public in May 2020. 100% of funds go directly to migrant families in Washington County, especially families who are excluded from government assistance during this emergency. Apply online or call **503-359-0446** to schedule an appointment with a case manager. They will walk through the questions and fill out the application on your behalf. You will receive a response in 2-3 business days. www.centrocultural.org/esperanza-relief-fund.html.

St. Vincent de Paul (St. Anthony Catholic Church): partial rent and utility assistance available for residents in zip codes 97223 and 97224. By email: svdp.rent@gmail.com, svdp.utilities@gmail.com. Message phone: (503) 684-8280.

Free Meal Pick-Up Locations, Families and youth can go to any of the sites listed
There will be no meal delivery on Memorial Day, Monday, May 25, 2020.

Site	Dates	Hours	More Information
Metzger Elementary	Monday-Friday	10:30am-12:30pm	There will be designated areas for meal pick-up at each of the listed complexes. All local-area youth are welcome to participate at these sites and parents can pick-up meals for their children. Social distancing measures will be required and practiced at each location. Meal deliveries will continue through June 11, 2020 or until further notice.
Tualatin Elementary	Monday-Friday	10:30am-12:30pm	
Rolling Hills Apts	Monday-Friday	10:15am-10:45am	
Terrace View Apts	Monday-Friday	11:15am-11:45am	
Tualatin Meadows Apts	Monday-Friday	10:30am-11:00am	
Chelan Apartments	Monday-Friday	11:30am-12:00pm	
Arbor Heights Apts	Monday-Friday	11:00am-11:30am	
Cypress Crest Apts	Monday-Friday	Noon-12:30pm	
Oleson Woods Apts	Monday-Friday	10:30am-11:00am	
Shenandoah Apts	Monday-Friday	11:30am-noon	
St. James Apartments	Monday-Friday	10:00am-10:30am	
Fir Terrace Apartments	Monday-Friday	11:00am-11:30pm	

Document prepared by the Tigard-Tualatin Family Resource Center: 503-603-1585. The center is closed during the school closure but please leave a message for call back or email cwest@ttsd.k12.or.us.

Food Resources by Day of the Week

Monday

NW Christian Church- various hours
St. Vincent de Paul Food Pantry 12pm-2:30pm
Plus St. Vincent de Paul new program 1pm-4pm (next week 2pm-5pm)
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary
Tualatin School House Food Pantry 4pm-7pm

Tuesday

Bethlehem House of Bread 5pm-7pm
NW Christian Church- various hours
Resurrection Catholic Parish 9am-12pm
St. Vincent de Paul Food Pantry 12pm-2:30pm
Plus St. Vincent de Paul new program 1pm-4pm (next week 2pm-5pm)
Tigard Covenant Church Food Ministry 12pm-2pm (and hot meals to go 6pm-7pm)
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary

Wednesday

NW Christian Church- various hours
St. Francis Food Pantry 9am-11am & 5pm-7pm
St. Vincent de Paul Food Pantry 1pm-3pm
Plus St. Vincent de Paul new program 1pm-4pm (next week 2pm-5pm)
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary
Tualatin School House Food Pantry 10am-1pm

Thursday

Bethlehem House of Bread 1pm-3pm
King's Kindness Food Pantry 12pm-3pm
NW Christian Church- various hours
Resurrection Catholic Parish 9am-12pm
St. Francis Food Pantry 9am-11am
St. Vincent de Paul Food Pantry 12pm-2:30pm
Plus St. Vincent de Paul new program 1pm-4pm (next week 2pm-5pm)
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary

Friday

Bethlehem House of Bread 3rd Friday of the month 1:30pm-2:30pm
NW Christian Church- various hours
St. Vincent de Paul Food Pantry 12pm-2:30pm
Plus St. Vincent de Paul new program 1pm-4pm (next week 2pm-5pm)
Tigard-Tualatin School District 10:30am-12:30pm at Metzger & Tualatin Elementary
Tualatin School House Food Pantry 10am-1pm

Saturday

Good Neighbor Family Pantry (check Facebook)
NW Christian Church- various hours
Sherwood Helping Hands Third Saturday 9:30am-10:30am
St. Vincent de Paul Food Pantry 10am-12pm
Tigard Community Friends Church Third Saturday of each month 11am-1pm
Trinity Community Church 3rd Saturday of the month 12pm-3pm
Tualatin School House Pantry 4th Saturday of the month 9am free food market/ harvest share

Sunday

Bethlehem House of Bread 1pm-3pm
NW Christian Church- various hours
St. Vincent de Paul Food Pantry, hot meals to-go 5:30pm-6:30pm